



Presented by HERBALIFE NUTRITION

# ACADEMY NEWSLETTER JAN '19

## IMPORTANT ANNOUNCEMENTS

### End of Semester 1

The first semester ends on Wednesday, January 30. High expectations and rigorous goals will be set with student-athletes to ensure they complete the semester to their potential.

### Academic Pace

Proper pace through the online curriculum is paramount in the Academy. The flexible nature of online learning requires good study habits, effort, and motivation. Falling behind in the curriculum will affect training eligibility.

### Academic Integrity

The LA Galaxy Academy holds our students to the highest level of academic honesty. Students are held to a zero-tolerance policy for cheating. Academic dishonesty will result in match ineligibility. See tips from Connections Academy for supporting active learning in a virtual school environment on the following pages.

## ENRICHMENT PROGRAM

### Leapwood Elementary Volunteering

Volunteer work at Leapwood Elementary will continue back up in January. Student-athletes can volunteer to work alongside the elementary students in a classroom setting and in their garden projects.

### Financial Literacy Education

LA Galaxy partner, Kinecta Federal Credit Union, will begin financial literacy classes with the student-athletes.

### Upcoming Field Trips

CA Science Center  
Museum of Tolerance

Jet Propulsion Lab  
The Getty

## COLLEGE COUNSELING

### • Connections Academy Counselors:

- 9<sup>th</sup> grade: Yvonne Hernandez
  - (562) 337-9198
- 10<sup>th</sup> grade: Maria Kevorkian
  - (949) 441-3385 ext. 3385
- 11<sup>th</sup> grade: Becky Gearing
  - (657) 229-4839
- 12<sup>th</sup> grade: Jessica Baez
  - (909) 492-0526

### • NCAA Eligibility Center

- 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> graders must register with the NCAA Eligibility Center

### • SAT/ACT

- 11<sup>th</sup> graders should register to take the SAT or ACT

### • FAFSA

- 12<sup>th</sup> graders - Use the *Free Application for Federal Student Aid (FAFSA®)* form to apply for financial aid (grants, work-study, and loans) to pay for college for 2019-2020.

## REMINDERS

### Message Boards

Remember to check the Message Boards for support in courses. Find LiveLesson recordings, portfolio support and resources, and class policies by clicking the blue push pin icon and then selecting the title of the course.

# January 19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 30	31	January 1	2	3	4	5
			LA Galaxy Academy Winter Break 12.16.18 - 1.6.19			
	←-----	CONNECTIONS ACADEMY - WINTER BREAK	-----→			
6	7	8	9	10	11	12
	18/19 8am - 4pm 16/17 9am - 4pm	18/19 8am - 4pm 16/17 9am - 4pm	18/19 8am - 4pm 16/17 9am - 5pm	18/19 8am - 4pm 16/17 9am - 4pm	18/19 8am - 11am 16/17 9am - 12pm  Friday School 12pm - 2pm  <span style="color: blue;">ACT Registration Deadline</span>	
13	14	15	16	17	18	19
	18/19 8am - 4pm 16/17 9am - 4pm	18/19 8am - 4pm 16/17 9am - 4pm	18/19 8am - 4pm 16/17 9am - 5pm	18/19 8am - 4pm 16/17 9am - 4pm  <span style="color: red;">Physics Make-Up Wet Lab</span>	18/19 8am - 11am 16/17 9am - 12pm  Friday School 12pm - 2pm	
20	21	22	23	24	25	26
18/19 @ Nomads 16/17 @ Nomads	ALL OFF  <span style="color: orange;">MLK Day No Lessons Added</span>	18/19 8am - 4pm 16/17 9am - 4pm	18/19 8am - 4pm 16/17 9am - 5pm	18/19 8am - 4pm 16/17 9am - 4pm  <span style="color: red;">Physics Make-Up Wet Lab</span>	18/19 8am - 11am 16/17 9am - 12pm  Friday School 12pm - 2pm	
27	28	29	30	31	February 1	2
18/19 @ FC Golden State 16/17 @ FC Golden State	ALL OFF	18/19 8am - 4pm 16/17 9am - 4pm  <span style="color: green;">Jet Propulsion Lab Field Trip</span>	18/19 8am - 4pm 16/17 9am - 5pm  <span style="color: orange;">First semester ends</span>	18/19 8am - 11am 16/17 9am - 12pm  <span style="color: orange;">First semester break</span>		

# ACTIVE LEARNING: HIGH SCHOOL

---

One crucial element to student success in a virtual school environment is an active-learner mindset. Operating as an independent, active learner is important in any setting, but in the virtual learning environment it is critical to student success.

One way that students actively learn is by self-assessing their understanding as they complete each lesson. Simply reading through lessons, watching embedded tutorials and movies, and reading textbook assignments is not sufficient. Students must engage in learning by thinking deeply about concepts and self-monitoring for understanding.

Here are some tips to help your student become an active learner:

- Your student should decide on a note-taking format and use it to summarize new concepts. Organizing content into a functional, note-taking format leads the learner to think at a deeper level and increases the learner's level of understanding. If your student is unsure about what note-taking format to use, encourage him or her to contact a teacher for suggestions or complete a search on the Internet for note-taking formats.



- Before your student begins a lesson, he or she should define the key vocabulary words. In many courses, the glossary with the words and definitions is available in the yellow backpack at the bottom of each lesson slide. From there, a list of the vocabulary words can be printed for your student's convenience.
- Your student should use the definitions as he or she is reading the lesson material to clarify the meaning of the content, and use the word and its meaning in the notes that he or she is creating. As the lesson is being completed, your student should determine if he or she understands the lesson content.

- In many lessons, students are instructed to read material or watch a recording and answer specific questions. The questions are followed by a “Show Answer” button. The student should follow the directions, answer the questions independently, and then check his or her answer by viewing the answer. Your student should add the questions and corresponding answers to his or her notes.
- For math courses, your student should read the lesson, watch the tutorials, complete the practice problems, and self-check his or her answers. If your student has difficulty completing the practice problems correctly, he or she should contact the teacher or use another instructional resource (e.g., Khan Academy) to further his or her practice and understanding of the material.
- There are other opportunities throughout lessons to respond to questions and self-check answers. Worksheets, section review questions, and concept maps are found in many lessons with completed versions found at the end of lessons. These are all opportunities for your student to check for understanding. Completed versions can also be used as study guides in preparation for a quiz or test.
- If your student does not understand a new concept, he or she should take at least one of the following actions:
  - Contact the teacher
  - Reread the content or repeat parts of the lesson leading up to the new concept
  - Exploring the topic further using another instructional tool found in Connexus®
- Your student should evaluate his or her own work as much as possible before submitting it to a teacher. Portfolio assessments include grading rubrics for students to use prior to drafting the assessment and submitting it to the Drop Box. The student should use the grading rubric to self-check, determine the quality of his or her work, and then decide if the portfolio should be submitted or revised.